

FIELD TRIP PARENT PERMISSION

SCHOOL DISTRICT NO. 23



CENTRAL OKANAGAN
"Together We Learn"

DETAILS OF THE TRIP:

School Okanagan Mission Secondary School Phone No. 250-870-5108

Teacher Contact: Ms. Dow, Mr. Gandha, Mr. Schnellert Destinations: Yoho, Banff, Kootenay, Glacier National Parks, Plus Various Practice Hikes as planned by chaperones.

Purpose of Trip: To give students an opportunity to develop, learn and grow physically, mentally, spiritually and relationally through their participation in a five day back country camping/hiking experience with their Grad class.

Description of Activities:

1. **Hiking:** Travel via SD23 busses, vans and/or private vehicles to various locations throughout four national parks; hike, backpack and camp in groups in various trails, designated campsites, and backcountry huts.
2. **Practice Hike:** Participate in practice hike(s) as organized by your Lake O'Hara group chaperones. **Examples:** Neighbourhoods in the Mission community and various hiking trails in and around Kelowna; for example, Okanagan Mountain Park (Boulder Trail, Divide Lake); Knox Mountain (Paul's Tomb); McDougall Rim Trail (Westside); goal is to observe student fitness levels in preparation for the upcoming backpacking trip; to break in new hiking boots; to experience hiking with a weighted pack; to check sizing of backpacks, etc.

Inherent Risks of Participating:

1. Hiking:

- a. Parents must research the specific hiking trails through Parks Canada information to fully understand the specific inherent risks associated with their group's itinerary and their trails, and ensure their son/daughter has the proper gear, preparations, and mindset to ensure best safety, and to accept the inherent risks. All group hikes/itinerary are posted at www.okmlakeohara.weebly.com
- b. Failure to properly prepare for hikes: Parents and students who do not attend educational seminars and/or adequately research the nature of the hikes and the preparations required, will experience higher risks to themselves and/or others.
- c. Traveling by vehicles to and from the activities in Kelowna and National Parks.
- d. Setting up camp: there are numerous sharp tools and items such as tent pegs and poles, that can cause injuries.
- e. Vigorous physical activities There will be some level of discomfort with participating in a hiking activity: possible blisters, muscle pulls, twisted ankles, knee or arm injuries, cuts and scratches. Injuries arising from carrying a heavy backpack, especially if improperly fitted.
- f. Possible campfires create risks of burns, cuts, splinters from firewood.
- g. Wilderness hiking can bring conflicts with animals such as bears.
- h. Unpredictable and possible extreme weather: sun, rain, snow, or extremely cold weather are all possible causing risk of hypothermia and/or hyperthermia if improper gear is used.
- i. Getting separated or lost despite travelling on National Parks trails and camping in designated areas.
- j. Poor decision-making by individuals (such as leaving the group) could increase the risks to all participants.
- k. There are few park rangers in the area while we are hiking. Cell phones are not reliable.
- l. Safety of drinking water, if not properly treated, can cause risk of serious personal illness.
- m. Students must exercise best judgment and common sense throughout all activities. Students who break rules may cause risks to themselves and/or others.

- n. Allergic reaction to natural toxins (ie. Bee stings, plants); psychological trauma due to anxiety (ie. Fear of heights)

2: Practice Hike: Your son/daughter's Lake O'Hara group will do practice hike(s) as arranged by their chaperones, including transportation/driving plans. Parents must ensure they understand the nature of these hikes, and the inherent risks (as listed above in 1.Hiking).

All other risks normally associated with participation in the above activities and environments. Included are all inherent risks associated with poor decision making on behalf of the student. Students who break our rules, and/or make poor decisions, could endanger themselves and/or others.

Group of Students: **OKM Grade 12's** No. of Students: **140 est** No. of Teachers/Supervisors: **32-35 (approx. 5:1 ratio)** Departure Date (M/D/Y) **Sept 15 or 16, 2019** Departure Time: **TBA (early morning)**
Return Date (M/D/Y) **Sept. 21, 2019** Return Pickup Time: **Roger's Pass 13:30**
Arrival Time Back at School: **OKM Parking Lot approx. 17:30** (Text/email update will be given)

TRANSPORTATION:

School District Bus Wheelchair Access City Transit Private Vehicle
Rented Vehicle Commercial Carrier Foot/Bicycle

Driven by:

District Driver Authorized Adult Teacher Commercial Driver
Authorized Student Driver **(no passengers allowed)**

PARENT/GUARDIAN CONSENT:

I have read the description of activities, understand that there are inherent risks attached to this activity and accept these risks. I also understand that all of the requirements of the school Code of Conduct apply while students are on field trips, and I will repay the school for costs if it is necessary to send this student home by means other than as stated above. I understand that while OKM will try to have both female and male supervisors for each hiking group, if this is not possible, I consent to having either all male or all female supervisors.

I hereby confirm that I have personally completed the ONLINE REGISTRATION form, wherein I have given all emergency contact information, and noted all medical/dietary alerts. My Consent is given for (print name of student) _____ to participate and travel as described.

Student's BC Medical # _____ Medical concerns, allergies, medication requirements **(also enter via ONLINE REGISTRATION):**

Signature: _____ Date: _____

Attachments: (including any special requirements in order to participate)

TO BE ASSIGNED A HIKING GROUP, THE ONLINE REGISTRATION FORM MUST BE COMPLETED:

www.okmlakeohara.weebly.com